



COMUNE DI LIMONE PIEMONTE

**Concorso pubblico in forma associata, per titoli ed esami, per la copertura di n. 3 posti di "Agente di Polizia Locale" [categoria giuridica C] a tempo pieno e indeterminato presso i Comuni di Limone Piemonte, Vernante e Farigliano.**

**PROVA ORALE- ELABORATO N. 1**

**A) CHE COSA COMPORTA GUIDARE UN VEICOLO SENZA AVER CONSEGUITO LA PATENTE DI GUIDA**

**B) IL REATO DI PECULATO**

**C) PER CHE COSA SI CARATTERIZZANO GLI ESERCIZI DI VICINATO NELL'AMBITO DELLA MATERIA RELATIVA AL COMMERCIO IN SEDE FISSA**

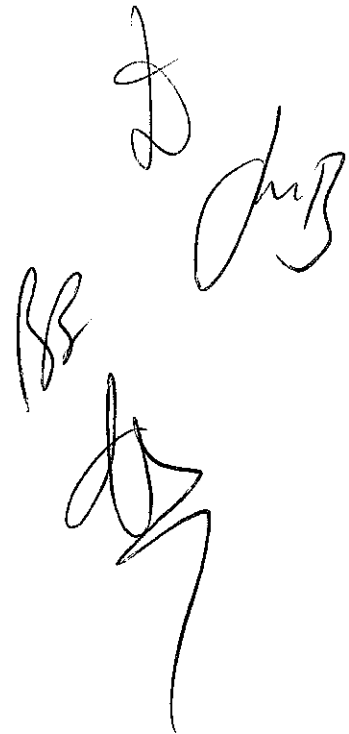
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## To-Do Lists

Scientists found that writing a to-do list helps us sleep faster. To-do lists help us to relax. We don't worry about things we have to do. We can forget about them. A researcher said: "We live in a 24/7 culture in which our to-do lists seem to be constantly growing and causing us to worry about unfinished tasks at bedtime."

The researchers looked at how students slept. Half of them made a to-do list before they slept. Those who wrote a to-do list fell asleep about 9 minutes faster. Writing detailed lists makes you fall asleep faster than writing simple lists. About 40 per cent of adults have problems falling asleep a few times a month.



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**PROVA ORALE- ELABORATO N. 2**

- A) OBBLIGHI, DIVIETI E LIMITAZIONI RELATIVI ALLA CIRCOLAZIONE NEL CENTRO ABITATO**
  
- B) IL REATO DI CONCUSSIONE**
  
- C) COMPITI DI POLIZIA VETERINARIA**

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## NIGHT OWLS

The early bird catches the worm. This means people who wake up early do many things. This may be true. Scientists found that people who sleep early do better in tests. People who sleep and wake up early (early birds) do better than people who sleep and wake up late (night owls). Their brains are different.

The scientists tested 38 people. They answered questions about sleep and tiredness. They had brain scans and did tests. The early birds were less sleepy. They did the tests quicker than the night owls. The scientists said night owls have to get up early for school and work. They always want to sleep late.

to  
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**PROVA ORALE- ELABORATO N. 3**

**A) IN QUALI CATEGORIE SI SUDDIVIDONO I SEGNALI STRADALI VERTICALI AI SENSI DELL'ART. 39 DEL CODICE DELLA STRADA**

**B) IL REATO DI CORRUZIONE**

**C) I RICORSI AVVERSO LE SANZIONI AL CODICE DELLA STRADA**

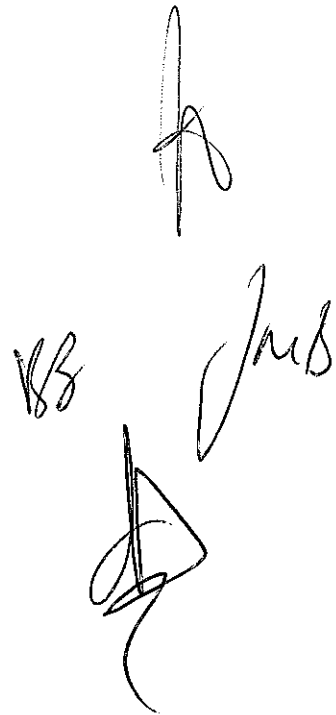
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## COFFEE OR TEA

Our DNA affects whether we like coffee or tea. Researchers studied how our DNA did this. The researchers said people who like bitter tastes are more likely to drink coffee. People who are sensitive to the bitter taste of caffeine will drink coffee. They will also drink more coffee than people who are not sensitive to caffeine.

Researchers looked at data on more than 400,000 people. They said other things can also affect our taste, not just DNA. A researcher said our environment, social factors or medicine can change our taste. He said we can even learn to like or enjoy bitter-tasting food and drink.



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**PROVA ORALE- ELABORATO N. 4**

**A) CHE COSA SI INTENDE PER ARRESTO, FERMATA E SOSTA DI UN VEICOLO AI SENSI DELL'ART. 157 DEL CODICE DELLA STRADA**

**B) IL REATO DI ABUSO D'UFFICIO**

**C) QUALI SONO I RIFERIMENTI NORMATIVI CHE REGOLAMENTANO UNA MANIFESTAZIONE DI PUBBLICO SPETTACOLO**

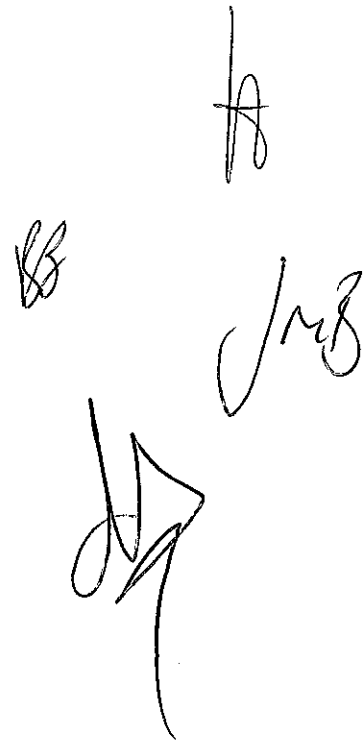
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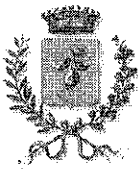
## **POSITIVE THINKING**

Researchers say positive thinkers live longer than negative thinkers. The researchers looked at data on 70,000 nurses. They found that more people who thought positively lived to be 85. People who thought negatively were 11-15 per cent less likely to be 85. Researchers say positive thinkers manage stress better.

Researchers looked at people's diets, exercise, how much they smoked and drank, and levels of optimism. A professor said more positive thinking may help people to live longer. Her advice for pessimists was to, "imagine a future in which everything has turned out well". She said it was healthier to look on the bright side of life.

Handwritten scribbles and initials in the bottom right corner of the page. There are four distinct marks: a vertical line with a loop at the top, a small scribble, a larger scribble, and a signature-like scribble.





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**PROVA ORALE- ELABORATO N. 5**

- A) CHE COSA SI INTENDE PER PRINCIPIO DI SOLIDARIETA' AI SENSI DELL'ART. 196 DEL CODICE DELLA STRADA**
  
- B) IL REATO DI MALVERSAZIONE**
  
- C) CHE COSA SI INTENDE PER "SAFETY E SECURITY"**

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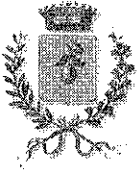


## COLD CURE

There may soon be a drug for the common cold. Scientists have looked for one for many years. The problem is there are hundreds of cold viruses. They change very quickly. They fight against new drugs. This means we all get colds. Scientists have made something that blocks cold viruses.

Most of us catch a cold every year. We take medicine for sore throats, fevers or a runny nose. Different viruses cause different things. The researchers' discovery could stop these things. It could also help people with bigger problems. The discovery could help people who have breathing problems.





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**PROVA ORALE- ELABORATO N. 6**

- A) CHE COSA SI INTENDE PER SANZIONI AMMINISTRATIVE ACCESSORIE AI SENSI DELL'ART. 210 DEL CODICE DELLA STRADA**
  
- B) IL REATO DI FALSO IDEOLOGICO**
  
- C) PRINCIPALI ADEMPIMENTI DELLA DIRETTIVA GABRIELLI E DELLA CIRCOLARE PIANTEDOSI**



## **SOCIAL MEDIA**

Posting too many selfies leads to narcissism - the feeling you are better than you are and that you think you are better than everyone else. Researchers said young people who upload many selfies showed a 25 per cent rise in narcissism in four months. Their personality changed. Sending text messages did not do this.

A researcher said there wasn't much research on this topic. The results of his study show that posting selfies can increase narcissism. He said about 20 per cent of people may be at risk of developing narcissism. They want likes from other people after they post a selfie. They want to show others how their life is better.

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**PROVA ORALE- ELABORATO N. 7**

- A) QUALI SONO GLI ELEMENTI ESSENZIALI DI UN VERBALE DI CONTESTAZIONE PER INFRAZIONE AL CODICE DELLA STRADA**
  
- B) IL REATO DI OMICIDIO STRADALE**
  
- C) PIANO DI SICUREZZA PER MANIFESTAZIONE SU AREA PUBBLICA**

*[Handwritten signatures and initials]*



## LEARNING VOCABULARY

We could learn vocabulary while we are sleeping. This is great news for language learners. Researchers said we can learn new information while sleeping and use this information later. The researchers did tests using new words and their translations. The researchers said our sleeping brain is active.

The language areas and memory in the brain work after a person wakes up. These areas remember vocabulary when we sleep. During deep sleep, our brain is active for about half a second. This is when our brain could learn vocabulary. More research is needed to be sure that we can learn vocabulary when we are sleeping.

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**PROVA ORALE- ELABORATO N. 8**

- A) DISCIPLINA PREVISTA DAL C.D.S. PER CIRCOLAZIONE DI UN VEICOLO SPROVVISTO DI COPERTURA ASSICURATIVA**
  
- B) ARRESTO IN FLAGRANZA DI REATO**
  
- C) GLI ADEMPIMENTI DELLA POLIZIA LOCALE NEI TRATTAMENTI SANITARI OBBLIGATORI**

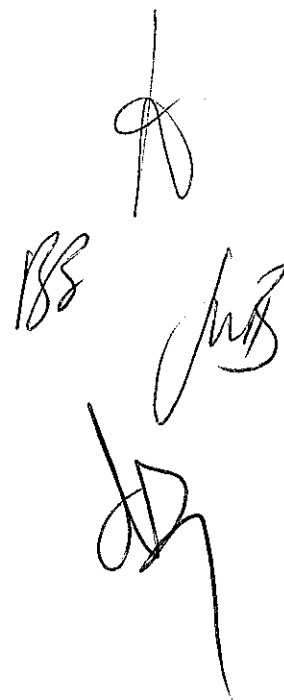
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## 2020

People thought 2020 would be a great year. Few people knew that the world would change so much. The biggest news was COVID-19. Many people died. There were lockdowns and people wore masks. The death of George Floyd in the USA started the Black Lives Matter movement. Joe Biden was voted as the President-elect of the USA.

People will have different memories of 2020. One man will never forget the explosion in Beirut. He thanked God his family was not hurt. A UK nurse said the news of the vaccines for COVID-19 made her happy. A woman in Japan was sad that the Tokyo Olympics were postponed. She said 2021 would be a good year.



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**PROVA ORALE- ELABORATO N. 9**

- A) PRINCIPALI CONTROLLI E VERIFICHE PER CONSTATARE LA REGOLARITA' DI UN CANTIERE STADALE**
- B) PUBBLICO UFFICIALE E INCARICATO DI PUBBLICO SERVIZIO**
- C) REGOLAMENTO DI POLIZIA URBANA**

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## AUTOBAHN SPEED

Germany may put a speed limit on its autobahn. The autobahn is 12,996 kilometers long. There is no speed limit for many cars. Some areas like accidents spots or roads that are being repaired have a limit. Germany may put a 130kph limit on all parts of the autobahn. It has to cut its greenhouse gases.

Many drivers are unhappy and do not want a limit, even if other countries have one. Politicians say a speed limit will never become law. A German newspaper disagreed with any speed limit. It wrote: "Our autobahn roads are a symbol of freedom. 'Tested on German autobahn' is a quality seal. There are enough speed limits".



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**PROVA ORALE- ELABORATO N. 10**

- A) I SERVIZI DI POLIZIA STRADALE PREVISTI DALL'ART. 11 DEL CODICE DELLA STRADA**
- B) LA VIOLAZIONE DI DOMICILIO**
- C) LA POLIZIA COMMERCIALE**



## BIG BROTHER

San Francisco has banned facial recognition. The city uses cameras for car number plates and at airports. Officials say facial recognition will increase security. Police can quickly and cheaply find criminals and missing people. An expert said: "A ban on facial recognition will make [San Francisco] frozen in time with [old] technology."

An official said facial recognition was like "Big Brother" from the book "1984". Big Brother is when governments try to control and spy on everyone. The official said: "We can have security without being a security state [and] good policing without being a police state." He said community information was best to build trust.



BB





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**PROVA ORALE- ELABORATO N. 11**

- A) IL FERMO AMMINISTRATIVO DI UN VEICOLO A MOTORE**
- B) GUIDA IN STATO DI EBBREZZA**
- C) FUNZIONI DI POLIZIA GIUDIZIARIA**



## SKULL SHAPE

A small bump is appearing on the skull of some smartphone users. It is big enough to feel. A doctor told the BBC about the bump. He said in the last ten years, he has seen more patients with the bump. A lot of people aged 18 to 30 have the bump. They spend many hours every day bent over their smartphones.

The doctor looked at 1,200 people aged 18 to 86. Younger people had more skull bumps. The bumps are because people bend their necks while looking at their phones. People bend their neck at an angle and it becomes sore. Doctors call this "text neck". Doctors told people to change their sitting position if their neck hurts.



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